The Arc of Greater Houston’s

Resource Guide for Special Needs

Local, State & National Resources

The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetime.

ACHIEVE WITH US  www.aogh.org

This guide is for informational purposes only. None of the listings contained herein should be considered as recommendations on the part of The Arc of Greater Houston Chapter.
What The Arc Stands for:

*The Arc of Greater Houston Chapter* is a 501 (c) (3) nonprofit organization formed in 1984. We exist to help ensure that all children and adults with intellectual and all other related developmental disabilities are valued and included, *not excluded because they are different*.

Our goal is to provide the supports that will allow all children with intellectual and developmental disabilities to have the *same experiences that all children should have as they grow up*.

The Arc serves as the *voice of all those who cannot speak for themselves*, but who just want to live in and be part of their own community.

The Arc works hard to *respond to the real-life needs* of every child and every family who experiences an intellectual and any other related disabilities.

The Arc works for the right of every child and adult with special needs to receive the behavioral supports necessary to be fully included in the community.

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**The Arc of Greater Houston**

**Physical Address:**
3737 Dacoma, Suite E
Houston, Texas 77092

**Mailing Address:**
PO Box 924168
Houston, Texas 77292
713-957-1600 (o)
713-957-1699 (f)

[www.aogh.org](http://www.aogh.org)
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## Local Resources for the Greater Houston Area

### Disability Information and Support Groups

#### All Disabilities/All Special Needs Services & Parent Support Groups

<table>
<thead>
<tr>
<th>Resource Name</th>
<th>Description</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The Arc of Greater Houston</strong></td>
<td>Greater Houston areas</td>
<td>Social, leisure and respite programs for individuals with intellectual and developmental disabilities. General disability needs referral and information services. Special education assistance (for families of children with all types of disabilities) including individual help and trainings for parents and professionals. Training for organizations, schools, and businesses. Supports Familias Hispanas support group.</td>
</tr>
<tr>
<td><strong>Barbara Jordan Endeavors</strong></td>
<td></td>
<td>BJE helps students with unique abilities on the high school level transition from high school to college. It also provides needed resources for parents and family members. Additionally, the ambassador sector of BJE provides college scholarships (funded by sponsorships) to graduating and college level students.</td>
</tr>
<tr>
<td><strong>Early Childhood Intervention</strong></td>
<td>Local area early childhood (ages 0-3) intervention services run by the Texas state agency DARS (Department of Assistive and rehabilitative services).</td>
<td>Multiple locations.</td>
</tr>
<tr>
<td><strong>Easter Seals Disability Services</strong></td>
<td>Central</td>
<td>Provides respite services and activities for children with all types of disabilities and employment assistance for adults with disabilities.</td>
</tr>
<tr>
<td><strong>Families Can Program – Parent Education Project</strong></td>
<td>Central</td>
<td>For families of children with special health care needs. Parent case workers work one-on-one with families to find services for the children and to enhance the family’s quality of life. They also offer a Relative as Parents Program that provides information and case management.</td>
</tr>
<tr>
<td><strong>Family to Family Network</strong></td>
<td>Greater Houston areas</td>
<td>Parent-led in formation, referral, education, and support groups for families with children who have disabilities. Guided transition programs for families of children leaving high school.</td>
</tr>
<tr>
<td><strong>Friends and Families of Asians with Special Needs</strong></td>
<td>Central/Southwest</td>
<td>A group for Asian families with special needs that provides seminars, information sharing, structured activities and family events.</td>
</tr>
<tr>
<td><strong>Houston Commission on Disabilities</strong></td>
<td></td>
<td>12 members appointed by the mayor of Houston. For those who want to participate in the future direction of disability services in Houston this meeting is highly recommended.</td>
</tr>
<tr>
<td><strong>Jewish Family Services</strong></td>
<td></td>
<td>Various cultural and social programs for special needs children, employment and day services for adults with disabilities.</td>
</tr>
<tr>
<td><strong>March of Dimes</strong></td>
<td>Central</td>
<td>Organization whose mission is to prevent birth defects, including preventable disabilities.</td>
</tr>
</tbody>
</table>

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### Mayor’s Office for People with Disabilities (MOPD) - Central
Regulates city services and advocates for the rights and needs of persons with disabilities in Houston
http://www.houstontx.gov/disabilities
713-284-1990

### The Arc of Visibility – North/Northwest
Parent Support group held monthly at Cypress United Methodist Church
http://www.lhlearningresource.com

### United Cerebral Palsy – Central (Now Easter Seals Disability Services)
Provides respite services and activities for children with all types of disabilities
http://www.eastersealshouston.org/
713-838-9050

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### Attention Deficit Disorder/ADHD

#### Attention Deficit Disorders Association – Southern Region, Multiple Support Group Sites
Information and support for people affected by ADD/ADHD. See website for current support group listings
http://www.adda-sr.org
281-897-0982

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### Autism/Asperger Syndrome

#### Applied Behavior Analysis (ABA) Therapists (Private)
Families for Early Autism Treatment (see below listing) maintains a list of private ABA Therapists in Houston
http://www.feathouston.org/resources/private-providers-public-services/in-home-providers/

#### ASPIE: Asperger Syndrome Parent-Professional Information Exchange - Sugarland
Support groups for families of individuals with Asperger syndrome and for persons with Asperger syndrome. Two support groups available: one for parents & professionals, and one for adults with autism. Both meetings held at 7 p.m. on the second Thursday of each month
https://www.facebook.com/ASPIE-of-Houston-108798312487008/

#### Texana Behavior Improvement Center (formally BTTC) – Fort Bend/Sugarland
Interventions for people with PDD/Autism, and MR, using Applied Behavior Analysis techniques. Formerly BTTC.
http://www.texanacenter.com/bttc_day_treatment/base_bic.cfm?Nav=BIC
281-239-1300

#### Grand Oak Academy
Grand Oak Academy incorporates Applied Behavior Analysis (ABA) principles to ensure that children with autism, speech delays or other types of developmental disabilities are able to receive a quality education at a comfortable pace. We focus our teaching on covering the same skill sets required in a traditional classroom but in a format that works for IDD, intellectual and developmental disabilities.
grandoakacademy.com
281-461-6888

#### C.L.A.S.S. Clinic
Specializes in children, adolescents and adults with Asperger Disorders. Evaluations and treatment offerings
https://med.uth.edu/psychiatry/patient-care/class/
713-486-2666

#### The Coffee House- A service of the Harris Center for Mental Health and IDD - Southwest
For individuals with Asperger/Autism Disorder and limited cognitive delays. Social skills training, transitional support, prevocational training, individualized treatment plans
http://www.mhnraharris.org/MRServices.asp
713-970-7000

#### Connections Center - Bellaire
Information, training, family based programs and curriculum for those who have an autism spectrum disorder
http://www.rdiconnect.com
713-838-1362

#### Families for Effective Autism Treatment (FEAT) - Central and other Houston area locations
Information about autism, local resources, and support groups
http://www.feathouston.org
281-361-3328
| **Focus Academy Transitions programs** – Woodlands, West Houston Stafford |
| **Skills training, advocacy and family consultation for autism spectrum and ADD/ADHD concerns. Specific autism transition program.** |
| 281-240-0663 |

| **Autism Share Parent Support Group** – Woodlands/Conroe |
| **Information and parent support group** |
| [https://www.facebook.com/autismshare/](https://www.facebook.com/autismshare/) |
| 832-779-0742 |

| **Grand Oak Academy** |
| **Grand Oak Academy incorporates Applied Behavior Analysis (ABA) principles to ensure that children with autism, speech delays or other types of developmental disabilities are able to receive a quality education at a comfortable pace. We focus our teaching on covering the same skill sets required in a traditional classroom but in a format that works for IDD, intellectual and developmental disabilities.** |
| [grandoakacademy.com/](http://www.grandoakacademy.com/) |
| 281-461-6888 |

| **Houston Autism Meet up Group** – Throughout the city |
| **Houston Autism Meet up group with many interesting share, training and play activities throughout the city via the web space** |

| **Katy Autism Support Group** – Katy |
| **Local support group in Katy that meets at St. Peter’s United Methodist one time per month** |
| [http://www.katyautismsupport.org/Home.html](http://www.katyautismsupport.org/Home.html) |

| **Harris Center for Mental Health and IDD (formally MHMRA) – Central/Southwest** |
| **Services include those for persons with intellectual disabilities, autism, and other developmental disorders, as well as services to persons with severe mental illness. This agency oversees the HCS Medicaid waiver program. Services for qualified individuals with autism spectrum disorders includes ABA programs, SKIP program, Coffee House, day habilitation, and employment training** |
| 713-970-7070 |

| **My Autism Team (Houston web parent directory)** |
| **Links to providers and a large parent networking connection via its meet up place on the web** |
| [http://www.myautismteam.com/about](http://www.myautismteam.com/about) |

| **Pearland Autism Connection** - South |
| **Monthly parent support group meetings, currently on the third Tuesday of the month** |
| 281-910-5412 |

| **Private Providers List for ABA Services in Houston** |
| **FEAT’s list of private individual and site based ABA autism services in the Houston area** |

| **The Shape of Behavior** – Various locations |
| **Center-based program providing 30 hours per week of one-on-one ABA therapy to children ages 18 months and up. Six locations** |
| [http://www.shapeofbehavior.com](http://www.shapeofbehavior.com) |
| 832-358-2655 |

| **Social Motion Skills** – Throughout the city |
| **Social Skills training and enrichment classes for children with autism and related developmental disabilities** |
| 713-461-7200 |

| **Spectrum of Hope** – Northwest |
| **Treatment Center for autism, language, and other related developmental disabilities. Behavior training includes discrete trial and naturalistic techniques. They do not use a formal ABA methodology such as LOVAAS** |
| [https://www.spectrumofhope.com/](https://www.spectrumofhope.com/) |
| 281-894-1423 |

| **Texas Autism Advocacy** – Web presence only |
| **Source of information and resources for autism compiled by a local Houston area parent** |

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Therapy and Beyond – Southwest Houston / The Woodlands
Provides intensive, 1:1 ABA and speech therapy for individuals with autism and other developmental disabilities both in-home and in-clinic. Our individualized programs encourage family involvement and are designed on the principles of Applied Behavior Analysis & Skinner’s Analysis of Verbal Behavior (VB) to focus on major areas of development including behavior, language, social, academic and self-help.
www.therapyandbeyond.com 713-364-4654

Verbal Behavior Clinic – Clear Lake
Autism and developmental disabilities behavior clinic for social skills and language at the University of Houston Clear Lake. New partnership with DARS to provide vocational assessment and vocational skills training
https://sites.google.com/site/verbalbehaviorclinic/

Blind/ Vision Impaired

Department of Assistive and Rehabilitative Technology – Houston Office
Range of services for vision impairments

The Lighthouse of Houston
Non-profit dedicated to assisting blind and visually impaired people to live independently. The Lighthouse of Houston offers a variety of education, rehabilitation and community programs.
http://www.houstonlighthouse.org/ 713-527-9561

Sight into Sound
Non-profit organization with a mission to “Turn Sight into Sound” by enriching the lives of people with visual, physical, and learning disabilities.
http://sightintosound.org/home/2815540 713-622-2767

Cerebral Palsy

Easter Seals Disability Services (formerly UCP Houston) – Various Locations
Provides services for children and adults with disabilities, including therapeutic programs, social and leisure activities, and caregiver respite.
http://www.eastersealshouston.org 713-838-9058

Deaf / Hearing Impairment

Center for Hearing and Speech
Clinic, school, classes, family support services, including a parent support group for families and children with hearing impairments
http://www.centerhearingandspeech.org/ 713-523-3633

Deaf Houston Post
A newspaper for those with hearing impairments
http://www.houstondeafnetwork.com/

Deaf Network of Houston
Web network of links, blogs and information regarding deaf services
http://www.houstondeafnetwork.com/

Houston Association for Communication Disorders
Organization for speech and hearing disorders. Monthly support groups, conferences and outreach.
http://www.hacd.org/

Sign Shares
Translation, interpretation, training services to help people effectively communicate during activities and daily living

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Down Syndrome

Down Syndrome Association of Houston – Various Locations
Information, parent support groups, respite and other services for people affected by Down Syndrome
www.dsah.org 713-682-7237

Families Exploring Down Syndrome - Galveston/Clear Lake
Support group events and networking in the Galveston, Clear Lake, and Houston areas
http://www.qclfeds.org/ 282-736-8008

Epilepsy

The Baylor Comprehensive Epilepsy Center
Comprehensive evaluation for individuals with epilepsy.
https://www.bcm.edu/healthcare/care-centers/epilepsy 713-798-2273

Houston Area Partnership for FASD
Volunteer Partnership of organizations supporting FASD services. Facilitates parent support group.
https://www.facebook.com/HAPFASD/timeline
or contact amy.fasd@yahoo.com for parent support group information

March of Dimes - Central
Organization whose mission is to prevent birth defects, including preventable disabilities such as FASDs.
www.marchofdimes.com/texas 713-623-2020

Fetal Alcohol Spectrum Disorders

The Arc: Greater Houston Chapter
FASD brochures, training, information and referral, educational outreach provided.
http://www.aogh.org/ 713-957-1600

Houston Area Partnership for FASD
Volunteer Partnership of organizations supporting FASD services. Facilitates parent support group.
https://www.facebook.com/HAPFASD/timeline
or contact amy.fasd@yahoo.com for parent support group information

March of Dimes - Central
Organization whose mission is to prevent birth defects, including preventable disabilities such as FASDs.
www.marchofdimes.com/texas 713-623-2020

Intellectual Disability

The Arc of Greater Houston
Information and referral. Social, leisure and respite programs for persons with intellectual and developmental disabilities. Special education assistance for families of children with all types of disabilities (free). Parent support groups. Familias Hispanas – Spanish speaking parent support group.
http://www.aogh.org 713-957-1600

Texana Behavior Improvement Center(formerly BTTC) – Southwest/Fort Bend and other locations
### Therapeutic interventions for people with PDD/Autism, and ID, using Applied Behavior Analysis techniques


### Down Syndrome Association of Houston – Various Locations

Information and support for people affected by Down Syndrome.

www.dsah.org 713-682-7237

### Dual Diagnosis Services – Harris Center for Mental Health & Intellectual Disabilities (formerly MHMRA)

Must have a developmental disability such as an autism spectrum disorder or an intellectual disability and a co-occurring mental health diagnosis. Assessment, treatment, day programs, medication monitoring (ages 18+)

http://www.mhmraharris.org/IDD/iddualdxsvc.htm 713-970-8340

### Grupo de Apoyo – East Houston

Support group for families of those with intellectual disabilities and/or a dual diagnosis. Families with children having other disabilities are welcome to attend. Spanish speaking only group. The contact person is Faustino Lopez.

713-921-3036

### Harris Center for Mental Health and IDD (formerly MHMRA) – Various Locations

Service to persons with intellectual disabilities, autism, and other developmental disorders, and services to people with severe mental illness. This agency oversees several waiver programs.

www.mhmraharris.org 713-970-7070

### Intellectual and Developmental Disabilities Needs Council of Harris County

A consortium of local agencies and organizations dedicated to promoting the supports and services necessary for improving the lives of those with intellectual and related, cognitive developmental disabilities.

http://www.iddnc.org/portal/ 713-680-8195

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#### Language / Speech Impairment

### Houston Association for Communication Disorders

Organization for speech and hearing disorders, monthly support groups, conferences and outreach.

http://www.hacd.org/

### The Parish School – West Houston

Day school for children with communication and learning difficulties, who have average to above average learning potential, Ages 18 months through fifth grade.

www.parishschool.org 713-467-4696

### University Speech, Language and Hearing Clinic - Clear Lake

Speech services including evaluations and treatment including summer language camps

http://www.uh.edu/class/comd/slhc/speech-svcs/ 713-743-2897

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#### Learning Disabilities

### International Dyslexia Association - The Houston Branch

Information and referral, newsletter and trainings

http://www.houstonida.org/ 832-282-7154

### Texas Reading Institute/Family Literacy – West Houston

Extensive reading programs for students with all types of reading difficulties. Comprehensive assessments available for reading disorders.

www.familyliteracy.net/ 713-784-7373

### Neuhaus Education Center - Central

Provides parent information, some training and links to trained reading tutors. In depth training and certification for special education professionals in reading intervention.

www.neuhaus.org 713-664-7676

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### Mental Illness

| **Depression and Bipolar Support Alliance of Houston** – *Multiple Locations* Information, referral, and support groups for persons with mood disorders. | www.dbshouston.org | 713-600-1131 |
| **The Gathering Place** – *Multiple Locations* *Free.* | Provides a supportive environment for adults with mental illness, to practice social skills, find support, develop friendships. | http://www.menningerclinic.com/patient-care/outpatient-services/the-gathering-place | 713-729-3799 |
| **Harris County Psychiatric Center** | Various inpatient and outpatient, mental health services as well as a useful links page on the website | http://hcpc.uth.tmc.edu | 713-741-3883 |
| **Menninger Clinic (at Baylor College of Medicine)** – *Medical Center* | Comprehensive treatment for adults and adolescents with complex mental illness, anxiety, and eating disorders | http://www.menningerclinic.com/ | 800-351-9058 |
| **Department of Psychiatry and Behavioral Sciences** | University of Texas psychiatric services including adult and child clinics, the C.L.A.S.S. Clinic and the Developmental Neuropsychology Clinic | https://med.uth.edu/psychiatry | 713-486-2700 |
| **Mental Health America of Greater Houston** – *Central* | Educational training concerning mental health issues; legislative advocacy. The resource guide contains many residential placement options, hospitals, and psychiatrists. | www.mhahouston.org | 713-970-4419 |
| **Harris Center for Mental Health & IDD (formally MHMRA)** – *Various Locations* | Provides service to persons with intellectual disabilities, autism, and other developmental disorders, and services to persons with severe mental illness. This agency over sees several waiver programs for children with disabilities. | www.mhmraharris.org | 713-970-7000 |
| **National Alliance on Mental Illness (NAMI)** – *Various Locations* | Information and referral, support groups, multi-week courses including *Visions for Tomorrow* | http://namigreaterhouston.org/ | 713-970-4419 |
| **Nami Basics Course (and others)** – *Various Locations* | This family-to-family class provides a great deal of useful information about specific disorders, advocacy, coping, rehabilitation as well as other concerns for caregivers of children with brain disorders (disorders include mental health as well as cognitive/learning impairments). A program of National Alliance on Mental Illness. Several are offered in Houston | http://namigreaterhouston.org/classes/ | 713-970-4419 |

### Muscular Dystrophy


### Tourette Syndrome

| **Tourette Syndrome Association of Texas** – *Multiple Locations* Information, referral, and support for families affected by Tourette Syndrome. | www.tourettetexas.org | 281-238-8096 |
### Adaptive/Assistive Technology (AT)

<table>
<thead>
<tr>
<th>Service</th>
<th>Location</th>
<th>Description</th>
<th>Website/Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abilities.com – Houston Expo - Central</td>
<td>Central</td>
<td>National AT organization that hosts an annual summer conference in Houston for people with disabilities.</td>
<td><a href="http://www.abilities.com/houston/v.html">www.abilities.com/houston/v.html</a> 310-405-1317</td>
</tr>
<tr>
<td>Bridging Apps - Central</td>
<td>Central</td>
<td>Assistance using mobile devices to target skill development, huge database of mobile applications with reviews, direct AT evaluations for apps needs, free web course “Getting Started with Mobile Devices for Special Needs: Accessories and Safety”, assistive technology labs to try out equipment</td>
<td><a href="http://bridgingapps.org/">http://bridgingapps.org/</a> 713-838-9050 x383</td>
</tr>
<tr>
<td>Department of Assistive and Rehabilitative Services – Various locations</td>
<td>Various locations</td>
<td>Potential vocational training in AT use for in employment environments, potential vehicle modification technology assistance and other AT services and devices</td>
<td><a href="http://www.dars.state.tx.us/drs/il.shtml">http://www.dars.state.tx.us/drs/il.shtml</a> <a href="http://www.dars.state.tx.us/drs/RehabTechLab.shtml">http://www.dars.state.tx.us/drs/RehabTechLab.shtml</a> 800-628-5115</td>
</tr>
<tr>
<td>Region 4 Education Center – Northwest Houston</td>
<td>Northwest Houston</td>
<td>Resources, Texas Assistive Technology Network leader partner which holds its annual conference at Region 4. District program evaluation of AT devices. All AT focus is on the educational needs for students receiving special education services in public schools. The summer AT conference they host is beneficial for parents and professionals</td>
<td><a href="http://www.esc4.net/default.aspx?name=ses.at">http://www.esc4.net/default.aspx?name=ses.at</a> <a href="http://www.texasat.net/">http://www.texasat.net/</a> 713-462-7708</td>
</tr>
</tbody>
</table>

### Child Care

<table>
<thead>
<tr>
<th>Service</th>
<th>Location</th>
<th>Description</th>
<th>Website/Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child Care Licensing (TDFPS) – Austin (Statewide)</td>
<td>Austin (Statewide)</td>
<td>Online search tool for childcare providers by county or city, age of child, type of care requested. And other variables. Search can be limited to “special needs” only. Also provides information about childcare licensing standards and procedures in Texas.</td>
<td><a href="http://www.txchildcaresearch.org">www.txchildcaresearch.org</a> 713-940-3009</td>
</tr>
<tr>
<td>Collaborative for Children – West Houston</td>
<td>West Houston</td>
<td>Parent and community education regarding child care issues. On-line or telephone referral for child care services to meet specific family needs. Parenting classes offered. Services available in Spanish.</td>
<td><a href="http://www.collabforchildren.org/families/find-child-care">http://www.collabforchildren.org/families/find-child-care</a> 713-600-1234</td>
</tr>
</tbody>
</table>

### Education (See also Legal Issues)

#### Educational Advocacy and Law Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Location</th>
<th>Description</th>
<th>Website/Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Arc: The Right to Learn Program - Central/ Northwest Houston</td>
<td>Central/ Northwest Houston</td>
<td>Provides direct special education consultation, assistance, and training for professionals and parents of children involved in the special education process. Houston chapter.</td>
<td><a href="http://www.aogh.org">www.aogh.org</a> 713-957-1600</td>
</tr>
<tr>
<td>Disability Rights Texas: East Region (formerly Advocacy, Inc.) – Multiple Locations</td>
<td>Multiple Locations</td>
<td>Provides direct advocacy services including special education for individuals with disabilities. However, they only take cases that fall within their chosen focus areas for a given year. The web site has great, downloadable publications on a variety of special education concerns. Services available in Spanish.</td>
<td><a href="http://www.disabilityrightstx.org">www.disabilityrightstx.org</a> 713-974-7691</td>
</tr>
</tbody>
</table>

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### Family to Family Network
Parent run organization that can provide phone assistance regarding some special education concerns.

http://www.familytofamilynetwork.org  
713-466-6304

### TEAM Project
Parent staffed organization. Special Education phone assistance. Trainings.

http://www.partnerstx.org/team  
281-969-5944

### Reaching Greater Heights
Educational advocate that works with parents of children with disabilities or learning difference. Focuses on student success by assisting parents in navigating and understanding the education system and finding appropriate services and resources.

www.ReachingGreaterHeights.com

### Education Attorneys for hire

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Martin Cirkiel</td>
<td>713.965.6936</td>
</tr>
<tr>
<td>Law Firm of Holly Terrill</td>
<td>281-906-9716</td>
</tr>
<tr>
<td>Christopher L. Jonas</td>
<td>361-937-1801</td>
</tr>
<tr>
<td>Dorene Jackson Philpot</td>
<td>281-989-2010</td>
</tr>
</tbody>
</table>

### Education Advocates/Private Sector, Fee Based (Not Attorneys)

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Louis H. Geigerman, Barbara Kluchin and Sidney Wohlman</td>
<td>281-265-1506</td>
</tr>
<tr>
<td>Karen Meyer Cunningham</td>
<td>281-605-5487</td>
</tr>
<tr>
<td>Special Education Advocate - Jimmy Kilpatrick</td>
<td>832-814-7463</td>
</tr>
<tr>
<td>Lighthouse Learning &amp; Resource</td>
<td>713-560-7923</td>
</tr>
</tbody>
</table>

### Educational Assessment and Testing (for Public School Special Education Diagnostic Requirements)

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Battin Clinic - Central</td>
<td>713-621-3072</td>
</tr>
<tr>
<td>Family Literacy Network</td>
<td>713-784-7373</td>
</tr>
<tr>
<td><strong>Health Partners Group</strong> - <strong>Kingwood</strong></td>
<td>Psychological, neuropsychological and psycho-educational testing services</td>
</tr>
<tr>
<td><strong>Houston Neuropsychology Group</strong> - <strong>Central and Spring Branch</strong></td>
<td>Neuropsychological evaluations for adults and children with traumatic brain injury. They will also provide neuropsychological evaluations for the diagnosis of learning disabilities. They do not test for autism spectrum disorders, ADD/ADHD or any emotional disturbances</td>
</tr>
<tr>
<td><strong>Meyer Center for Developmental Pediatrics</strong> - <strong>Central</strong></td>
<td>Medically directed diagnostic services for infants, children and adolescents spanning the full spectrum of developmental-behavioral pediatrics – from intellectual disabilities and autism spectrum disorders to learning disabilities and attention deficit/hyperactivity disorder (ADHD)</td>
</tr>
<tr>
<td><strong>North Houston Neuropsychology</strong> - <strong>North</strong></td>
<td>Psychological, neuropsychological, psycho-educational and ADHD testing</td>
</tr>
<tr>
<td><strong>Specialized Assessment and Consulting</strong> - <strong>Northwest/Cypress</strong></td>
<td>Psychological and psycho-educational testing. Company also provides contract staff for school districts.</td>
</tr>
<tr>
<td><strong>University of Houston Assessment Services</strong> - <strong>Central</strong></td>
<td>Psychological and psycho-educational testing, personality assessment. Must leave a message and they will return the call. Sliding scale fee, no insurance accepted, ages 5 and up, no adults served</td>
</tr>
<tr>
<td><strong>University of Texas Developmental Neuropsychology Clinic</strong> - <strong>Central</strong></td>
<td>Developmental and neuropsychological evaluations of children for language, learning, emotional and behavioral disorders as well as autism, ADHD and intellectual disability diagnosis</td>
</tr>
</tbody>
</table>

**Private School Options**

| **Houston Community College Disability Support Services** – **Spring Branch** | Coordinates accommodations for students with disabilities at Houston Community College. | http://central.hccs.edu/about-us/ability-services/ | 713-718-6164 |
| **Prairie View A&M, Office of Disability Services** – **Prairie View** | Provides assistance with necessary accommodations for students with disabilities attending Prairie View A&M. | http://www.pvamu.edu/oa/ | 936-261-3585 |
| **Rice Disability Support Services** – **Rice University** | Provides and facilitates support services and accommodations for all individuals with disabilities on the Rice University campus, including students, faculty, staff, and visitors. | http://dss.rice.edu/Content.aspx?id=42 | 713-348-5841 |
| **San Jacinto College North Disability Support** - **San Jacinto College North (East Houston)** | Vocational opportunities and support for students with disabilities. | http://www.sanjac.edu/student-services/educational-planning/educational-planning-and-advising/disability-assistance | 281-998-6150 |
| **University of Houston Center for Students with Disabilities** - **Central** | Provides numerous academic support services to students with any type of learning disability, health impairment, physical limitation or psychiatric disorder at the University of Houston. | 713-743-5400 |

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VAST Program (Vocational Advancement & Social Skills Training) – Houston Community College
Educational opportunities for individuals who have learning, developmental, and/or physical disabilities. Courses are offered in the following areas: Academic, Personal/Social Development, Enrichment and Computers.
http://vast.hccs.edu/ 713-718-6833

Other Education Resources

Discover Technology
Computer information and linked laboratories for persons with mental, physical, or other disabilities.
www.discovertechnology.com 713-885-1519

Harris County Department of Education
Information about public education services in Harris County.
www.hcde-texas.org 713-694-6300

Region IV Education Service Center (TEA)
Supports public school teachers and staff. Trainings for professionals and parents offered. Their special education library is open for use by all education professionals.
http://www.esc4.net 713-462-7708

Employment/ Day Habilitation (see also Transition Services)

All the Little Things Count – Multiple Locations
Day habilitation program with sheltered workshop, for HCS recipients from Brazoria, Fort Bend, Galveston, Harris, Montgomery, and Wharton counties
http://www.allthelittlethingscount.org/ 281-581-2060

Bay Area Rehabilitation Center/Baytown Opportunity Center - Baytown Supervised work training, structured workshops and classrooms.
http://www.bayarearehab.org/ 281-838-4477

Bethesda/Good Samaritan - Cypress 281-516-4021
Supported employment for HCS recipients

The Brookwood Community - Brookshire
A residential community of adults with disabilities providing life skills, social, and vocational training
http://brookwoodcommunity.org 281-375-2100

The Center (CRI) - Central
Adult activity center providing day habilitation with a sheltered workshop
http://thecenterhouston.org/ 713-525-8400

Client Assistance Program (CAP)
If you are a person who has a disability, the Client Assistance Program (CAP) may be able to help you to reach your goals to live more independently and go to work. This is what we do. CAP helps people who are getting services, or who are trying to get services, from the Department of Assistive and Rehabilitative Services (DARS), Division for Rehabilitation Services (DRS) and Division for Blind Services (DBS), Independent Living Centers (ILCs) that receive federal funds, or Projects with Industry (PWI) programs
https://www.disabilityrightstx.org/resources/employment 800-252-9108

Gulf Coast Community Services Association – Multiple Locations
Adult literacy, GED, and ESL classes. Employment training and support services --- available in Spanish
http://www.gulfcoastcommunityservicesassociation.org/outreachoverview.html 713-393-4700

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<table>
<thead>
<tr>
<th><strong>The Harris Center for Mental Health and IDD (Formally MHMRA)</strong></th>
<th>Various vocational programs for persons diagnosed with an Autism Spectrum Disorder or intellectual disabilities. Services available in Spanish.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>H.E.A.R.T. Program</strong></td>
<td>Specific vocational training program for gainful employment of individuals with developmental disabilities including intellectual disabilities and autism.</td>
</tr>
<tr>
<td><strong>Higginbothams Staffing Solutions - Houston</strong></td>
<td>Assistance with job placement, supported employment</td>
</tr>
<tr>
<td><strong>Hope Village - Friendswood</strong></td>
<td>Residential and day programs, including a developmental work center, for individuals with intellectual and other related developmental disabilities.</td>
</tr>
<tr>
<td><strong>Jewish Family Services - Houston</strong></td>
<td>Jewish Family Services offers free assistance and employment workshops to help displaced professionals and persons with disabilities seeking jobs</td>
</tr>
<tr>
<td><strong>Level Employment Services - Houston</strong></td>
<td>Assistance with job placement; supported employment</td>
</tr>
<tr>
<td><strong>Lennar Life and Work Skills Program</strong></td>
<td>Continuing education program for students with intellectual disabilities, job training, computer training, interviewing skills training, etc.</td>
</tr>
<tr>
<td><strong>Lighthouse Vocational Educational Program</strong> (Lighthouse Houston)</td>
<td>Vocational training for individuals with visual impairments. Also provides some adult day programming for individuals who are not able to maintain employment independently.</td>
</tr>
<tr>
<td><strong>Mayor's Committee for Employment of Persons w / Disabilities</strong></td>
<td>Provides support to job seekers with disabilities, and to employers.</td>
</tr>
<tr>
<td><strong>Mounting Horizons Inc</strong></td>
<td>Vocational training such as interviewing skills, resume preparation and job-seeking skills is provided to encourage employment</td>
</tr>
<tr>
<td><strong>Reach Unlimited</strong></td>
<td>Vocation skills, independent living, day habilitation offered.</td>
</tr>
<tr>
<td><strong>Sean Ashley House – Southwest Houston</strong></td>
<td>Adult day habilitation program for HCS (Medicaid waiver) recipients with individualized life skill training. Accepts non-HCS Recipients also</td>
</tr>
<tr>
<td><strong>Techs and Trainers – Southwest Houston</strong></td>
<td>Technology and skills training covering computer rebuilding</td>
</tr>
<tr>
<td><strong>Texana – Rosenberg</strong></td>
<td>Supported employment for persons with intellectual disabilities and /or mental illness</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th><strong>Texas Department of Assistive and Rehabilitative Services</strong> – <em>Multiple Locations</em>&lt;br&gt;Provides vocational assessments, training, support, and assistive devices for individuals with disabilities who are seeking employment. <a href="http://www.dars.state.tx.us">www.dars.state.tx.us</a> <a href="http://www.dars.state.tx.us/drs/offices/OfficeLocator.aspx">http://www.dars.state.tx.us/drs/offices/OfficeLocator.aspx</a> (for Houston rehabilitation locations)</th>
<th>800-628-5115</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The Summerhouse</strong>&lt;br&gt;Post high school education center for young adults with intellectual disabilities. Program’s focus is vocational, integration, socialization without limitation</td>
<td>832-200-6158</td>
</tr>
<tr>
<td><strong>Willow River Farms – Brookshire</strong>&lt;br&gt;A residential community of adults with disabilities, an emphasis on artistic, craft, and gardening vocational skills. <a href="http://thecenterhouston.org/services/residential-services/">http://thecenterhouston.org/services/residential-services/</a></td>
<td>713-525-8400</td>
</tr>
<tr>
<td><strong>VAST (Vocational Advancement and Social Skills Training) Program of HCC - Various Locations</strong>&lt;br&gt;Educational opportunities for individuals who have learning, developmental, and/or physical disabilities. Courses are offered in the following areas: Academic, Personal / Social Development, Enrichment and Computers. <a href="http://vast.hccs.edu/">http://vast.hccs.edu/</a></td>
<td>713-718-6833</td>
</tr>
</tbody>
</table>

**Guardianship Information and Assistance**

| **Brazos Bend Guardianship Services**<br>Guardianship Information Sessions, Guardianship Assistance Program, Money management program, Corporate Guardianship Program [brazosbendguardianship.org](http://brazosbendguardianship.org) | 281-310-8700 |

**Attorneys**

| **Marissa Garcia (Spanish speaking)** | 713-201-9740 |
| **Michele Goldberg**<br>[http://iawmichelegoldberg.com/](http://iawmichelegoldberg.com/) | 713-218-8800 |

**Non-Attorney Guardianship and Estate Planning Assistance**

| **Steve Rhatigan/Archer Consulting**<br>[http://archerconsulting.com/](http://archerconsulting.com/) | 713-572-1717 |

**Housing and Home Modification/Accessibility**

| **Coalition for Barrier Free Living – Southwest Houston & Angleton**<br>Housing advice, assistance and counseling for persons with disabilities. [http://www.hcil.cc/](http://www.hcil.cc/) | 713-974-4621 |

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<table>
<thead>
<tr>
<th><strong>Gulf Coast Community Services Association</strong> – Multiple Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Home &amp; Safety Security Program conducts homes inspections for elderly persons or persons with disabilities to check for safety and security concerns. Includes installation of wheelchair ramps, and basic repairs.</td>
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<table>
<thead>
<tr>
<th><strong>Private Provider Association of Texas</strong></th>
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</thead>
<tbody>
<tr>
<td>Organization of private group home providers in Texas</td>
</tr>
</tbody>
</table>

**Legal Issues (See also Educational Advocacy & Law, Guardianship & Estate Planning)**

<table>
<thead>
<tr>
<th><strong>Disability Rights Texas: East Region (formerly Advocacy, Inc.)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides direct advocacy services including employment advocacy for individuals with disabilities. However, they only take cases that fall within their chosen focus areas for a given year. The website has great, downloadable publications on a variety of special education and other legal concerns. Services available in Spanish.</td>
</tr>
<tr>
<td><a href="https://www.disabilityrightstx.org/">https://www.disabilityrightstx.org/</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Houston Volunteer Lawyers Program</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.makejusticcehappen.org">http://www.makejusticcehappen.org</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Lone Star Legal Aid</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Some guardianship and special education cases have been taken in the past.</td>
</tr>
<tr>
<td><a href="http://www.lonestarlegal.org">http://www.lonestarlegal.org</a></td>
</tr>
<tr>
<td><a href="http://www.lonestarlegal.org/Types-of-Cases.pl">http://www.lonestarlegal.org/Types-of-Cases.pl</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Dispute Resolution Center</strong></th>
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</table>

<table>
<thead>
<tr>
<th><strong>Houston Lawyer Referral Service</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://hlrs.org/">http://hlrs.org/</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Legal Line</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Free phone advice on 1st &amp; 3rd Wednesdays of each month. 5 – 9 pm</td>
</tr>
<tr>
<td><a href="http://www.hba.org/services/legaline">http://www.hba.org/services/legaline</a></td>
</tr>
</tbody>
</table>

**Medical Equipment**

<table>
<thead>
<tr>
<th><strong>Texas Department of Assistive &amp; Rehabilitative Services (DARS)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Formerly Texas Rehabilitation Commission (TRC) – Vocational services including adaptive equipment (available to some graduating school students and older) with disabilities that will need assistance in gaining employment. Applicant guide available in Spanish.</td>
</tr>
<tr>
<td><a href="http://www.dars.state.tx.us">www.dars.state.tx.us</a></td>
</tr>
<tr>
<td>Spanish: <a href="http://www.dars.state.tx.us/Spanish.shtml">www.dars.state.tx.us/Spanish.shtml</a></td>
</tr>
</tbody>
</table>

**Respite**

**Local/State Agencies and Nonprofit Organizations That Provide Respite**

**Note:** Most of these have income requirements as well as disability related requirements. Check with each organization for specifics.

<table>
<thead>
<tr>
<th><strong>The Arc of Greater Houston Chapter</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>On-going group respite activities in the community for individuals with intellectual and other developmental disabilities. Children and adults served by differing programs. Fees for programs. Activities include: Saturday Fun Day, Adventure Club / Greater Houston Recreation, Weekends Respite, Summer day and overnight camps.</td>
</tr>
<tr>
<td><a href="http://www.aogh.org">www.aogh.org</a></td>
</tr>
</tbody>
</table>

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### The Center
Day and overnight respite services for people with intellectual disabilities. Day respite is available on a partial or full day basis. Overnight respite stays cannot exceed 30 days. Fee for services.

http://thecenterhouston.org/  
713-525-8400

### The Harris Center for Mental Health and IDD (formally MHMRA)
All respite services require intake completion and there is typically a fairly long waiting list. However, they provide a wide range of respite services, including in-home respite if the individual qualifies. An intellectual developmental disability and or an Autism spectrum diagnosis are required. Financial assistance if qualified.

http://www.mhmraharris.org/IDD/networkmanagement.htm  
713-970-7616

### Easter Seals of Greater Houston (formerly UCP Houston)
They provide respite services for individuals with Cerebral Palsy and other disabilities. Financial assistance may be provided in some cases. Respite activities include ongoing programs as well as in-home respite services.

http://www.eastersealshouston.org/Programs/respite-services.html  
713-838-9050

### Bridging Lives – Spring Branch area
Residential, respite, social and in-home training services


### Social & Leisure

### Bridging Lives – Spring Branch area
Residential, respite, social and in-home training services


### Children's Museum of Houston - Houston
Sensory friendly/explore ability days at the museum for children with special needs; several per season. RSVP required

http://www.cmhouston.org/sensory-explore-abilities-childrens-museum

### Dionysus Theatre Troupe – Southwest Houston
Provides a theatre experience for teens and young adults who are disabled, disadvantaged, chronically ill, or those able-bodied actors who want to help us spread our message of love, dignity and tolerance for people of all abilities.

http://www.dionysustheatre.net/

### Dream Catcher Stables – Spring
*Sliding scale.* Recreational horseback riding for persons with disabilities, including learning disabilities.

www.dreamcatcherstables.org

### Metropolitan Multi-Service Center – Central
A recreational & sports center for people of all ages with mental & physical disabilities.

www.houstontx.gov/parks/adaptivesports.html

### Mikey's Place
Great resource for a guide with listings of camps, summer programs and other social and leisure activities around Houston

http://www.mikeysplace.net/

### Miracle League – Northwest
Sports team opportunity at Langham Creek Family YMCA


### Nameless Sound Music Classes – Central/Southeast
Music classes for special needs students

http://www.namelesssound.org/ensemble.html

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| **The River Performing and Visual Arts Center** – **Central**  
A barrier-free, affordable arts enrichment program for children aged 2-19 with disabilities and/or chronic illness, as well as their siblings and friends  
[https://www.tuts.com/river](https://www.tuts.com/river) |  |
|---|---|
| **Special Olympics – Houston**  
Year-round sports training and athletic competition in a variety of Olympic-type sports for persons eight years of age and older with intellectual disabilities.  
[http://www.sotx.org/about/areas/area04/](http://www.sotx.org/about/areas/area04/) |  |
| **Texas Adaptive Aquatics – Northeast / Lake Houston**  
*Some programs free*  
Water sports for persons with physical and mental disabilities. All ability levels.  
[www.taasports.org](www.taasports.org) |  |
| **Vern Cox Multi-Purpose Center** – **Pasadena**  
A recreational sports center for people of all ages with mental and physical disabilities.  
| **Transition Workshop for Parents** - **Central**  
When: 3rd Thursday of every odd month.  
Time: 6:30pm – 8:00pm.  
Location: Shriners Hospital (6th floor) - 6977 Main St. (just past intersection of Main & Holcombe).  
Parking: Hospital Parking is Free.  
Speakers to be announced.  
Children, Youth & Transitioning Young Adults are also welcome. Spanish Translation available  
[http://www.coe.uh.edu/pep/families-can/](http://www.coe.uh.edu/pep/families-can/) |  |
| **Client Assistance Program (CAP)**  
If you are a person who has a disability, the Client Assistance Program (CAP) may be able to help you to reach your goals to live more independently and go to work. This is what we do. CAP helps people who are getting services, or who are trying to get services, from the Department of Assistive and Rehabilitative Services, (DARS) - Division for Rehabilitation Services (DRS) and Division for Blind Services (DBS), Independent Living Centers (ILCs) that receive federal funds, or Projects with Industry (PWI) programs  
[https://www.disabilityrightstx.org/resources/employment](https://www.disabilityrightstx.org/resources/employment) |  |
| **Treatment Services (Behavioral and Medical)** |  |
| **Ask Your Nurse - (Harris County)**  
| **The Battin Clinic – Galleria area & Nassau Bay**  
Multidisciplinary assessment for children with neurocognitive, learning, speech behavioral and emotional difficulties. Audio logical services and equipment including hearing aids and evaluations also offered  
[http://host.trustab.org/battinclinic](http://host.trustab.org/battinclinic) |  |
| **Bay Area Rehabilitation Center**  
Aquatic therapy, adult outpatient therapy, accessible housing, pediatric therapy, and counseling services  
[www.bayarearehab.org](www.bayarearehab.org) |  |
| **Texana Behavior Improvement Center (formally BTTC)** –  
Therapeutic interventions for people with PDD/Autism, and IDs (Applied Behavior Analysis techniques).  
| **Brite Success** – Woodlands/Kingwood |
| Applied Behavior Analysis therapy, speech therapy, occupational therapy and transition services |

| **The Center for Hearing and Speech** – Central |
| [www.centerhearingandspeech.org](http://www.centerhearingandspeech.org) |

| **Connections Center/RDI Connect** – Bellaire |
| Information, training and curriculum for those who have an autism spectrum disorders and ADHD |

| **HCPC (Harris County Psychiatric Center)** – Medical Center |
| A 250-bed acute care public psychiatric hospital. Also provides partial hospitalization and outpatient services. Services provided in Spanish and Vietnamese. |
| [http://hcpc.uth.tmc.edu](http://hcpc.uth.tmc.edu) |

| **Medcare Pediatric - Southwest** |
| Occupational, physical and speech therapy |
| [http://www.medcarepediatrics.com](http://www.medcarepediatrics.com) |

| **Menninger Clinic** (at Baylor College of Medicine) – Medical Center |
| Comprehensive treatment for adults and adolescents with complex mental illness (co-occurring conditions), specializing in anxiety and eating disorders. |

| **The Harris Center for Mental Health and IDD (formally MHMRA)** – Various Locations |
| Provides service to persons with intellectual disabilities, autism, and other developmental disorders, and service stoppers on with severe mental illness. This agency oversees several Medicaid waiver programs for people with developmental disabilities. |
| [www.mhmraharris.org](http://www.mhmraharris.org) |

| **Meyer Center for Developmental Pediatrics** – Texas Children's Hospital |
| The Meyer Center provides diagnosis and individualized treatment planning for infants, children and adolescents with suspected developmental and/or learning problems. Provides written treatment plans and testing to parents and referring physicians. |

| **MAXINE MESINGER MULTIPLE SCLEROSIS CLINIC** – Baylor College of Medicine |
| Comprehensive patient care, research, and referrals for persons with multiple sclerosis. Services available in Spanish. |
| [https://www.bcm.edu/healthcare/care-centers/multiple-sclerosis](https://www.bcm.edu/healthcare/care-centers/multiple-sclerosis) |

| **SIRE** – Fort Bend, Hockley, Spring |
| *Sliding scale* Therapeutic horseback riding for persons with disabilities |
| [http://sire-htec.org](http://sire-htec.org) |

| **Team Pediatric Therapy** – North |
| Occupational, speech and physical therapy, also Handwriting without Tears curriculum and program |

| **TIRR (The Institute for Rehabilitation and Research)** – Multiple Locations |
| Interdisciplinary rehabilitation services, patient care, medical education, and research. Provides a complete continuum of care for patients needing medical rehabilitation. |

| **Winter & Associates Pediatric Rehabilitation Center** – Multiple Locations |
| A comprehensive outpatient rehabilitation facility for children, providing occupational, physical, and speech therapy. Provides transportation to those who qualify. Services provided in English, Spanish, Chinese, Cantonese, and Italian. |
| [www.winterpediatrictherapy.com](http://www.winterpediatrictherapy.com) 713-528-3030 |

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## Transportation/ Accessible Transportation

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
<th>Website/Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metro Lift</td>
<td>Information about the accessibility of Houston Metro system, and how to use Metro Lift services.</td>
<td><a href="http://www.ridemetro.org/Pages/Accessibility.aspx">http://www.ridemetro.org/Pages/Accessibility.aspx</a></td>
</tr>
</tbody>
</table>

### Other Need Support- General, not specifically disability related

#### Basic Needs Support

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
<th>Website/Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECHOS (Epiphany Community Health Outreach Services) – Southwest Houston</td>
<td>This program helps people without insurance gain access to existing health and social services, regardless of ability to pay or immigration status.</td>
<td><a href="http://www.echos-houston.org">www.echos-houston.org</a>   713-270-0369</td>
</tr>
<tr>
<td>Gateway to Care – Harris County</td>
<td>Information, low-cost community healthcare services for the uninsured and underinsured in Harris County.</td>
<td><a href="http://www.gatewaytocare.org/">http://www.gatewaytocare.org/</a>                                  713-783-4616</td>
</tr>
<tr>
<td>Harris County Health System (Gold Card referral)</td>
<td>A Harris County Hospital District program which provides access to county hospital and health services for persons with extremely low income. Call the above number for eligibility determination (part of the Ben Taub system)</td>
<td><a href="https://www.harrishealth.org/en/patients/access-care/eligibility-card/pages/default.aspx">https://www.harrishealth.org/en/patients/access-care/eligibility-card/pages/default.aspx</a> 713-634-1000</td>
</tr>
<tr>
<td>Gulf Coast Community Services Association – Multiple Locations</td>
<td>Basic needs assistance including food pantry, clothing, and prescription vouchers, bus tokens for employment, and employment training.</td>
<td><a href="http://www.gccsa.org/">http://www.gccsa.org/</a>                                           713-393-4700</td>
</tr>
</tbody>
</table>

### Crisis Services

*In an emergency, call 911. (Call 911 for ambulance, the police, or the fire department during emergencies)*

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
<th>Website/Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Casa de Esperanza – Medical Center Area</td>
<td>Voluntary foster care for children ages 0 – 6 who are at risk of abuse or neglect due to family crisis and / or the child’s special needs. Case work services provided to the family to develop a safe, stable environment for the child’s return.</td>
<td><a href="http://www.casahope.com">www.casahope.com</a>                                               713-529-0639</td>
</tr>
<tr>
<td>Child Protective Services</td>
<td>Investigates the abuse and neglect of children, including medical neglect. Provides services to families in crisis.</td>
<td><a href="http://www.txabusehotline.org/Login/Default.aspx">http://www.txabusehotline.org/Login/Default.aspx</a>               800-252-5400</td>
</tr>
<tr>
<td>Coalition for the Homeless</td>
<td>They have a useful resource on their website, The Help Card. This resource provides emergency shelter information, food pantry information and other basic, immediate needs information.</td>
<td><a href="http://www.homelesshouston.org/">http://www.homelesshouston.org/</a>                              713-393-4700</td>
</tr>
</tbody>
</table>

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### Houston Area Women’s Center
Provided shelter, counseling, and support services to survivors of domestic and sexual violence. Services available in Spanish.

- [http://www.hawc.org](http://www.hawc.org)
- 713-528-6798

### WIC (Women, Infants, and Children)
A free nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition and stay healthy. Nutrition counseling, nutritious foods, and help accessing health care.

- 832-393-5427

### General Childhood

<table>
<thead>
<tr>
<th><strong>Child Builders</strong></th>
<th>Non-profit organization advocating for children’s mental health and emotional wellness. Provides parents and children with resources and life skills training to build healthy families.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong><a href="http://www.childbuilders.org">www.childbuilders.org</a></strong></td>
<td>713-481-6555</td>
</tr>
</tbody>
</table>

### General Cultural Health Care Resources

<table>
<thead>
<tr>
<th><strong>Arab-American Cultural and Community Center – Southwest Houston</strong></th>
<th>Cultural and social programs, including free health screenings. Services available in Arabic.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.acchouston.org">www.acchouston.org</a></td>
<td>832-351-3366</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Community Family Center – East Houston</strong></th>
<th>Various community programs including health care and counseling. Services available in Spanish.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.communityfamilycenters.org">www.communityfamilycenters.org</a></td>
<td>713-923-2316</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Chinese Community Center – West Houston</strong></th>
<th>Referral and support for Asian Americans and Asian Immigrants to Houston. Offers some health, educations, and caregiver support services. Services available in Chinese.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.ccchouston.org">www.ccchouston.org</a></td>
<td>713-271-6100</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Vietnamese Culture and Science Association – Southwest</strong></th>
<th>Camps, information and referral, social and educational events, radio programming.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.vcsa.org/home">http://www.vcsa.org/home</a></td>
<td>281-933-8118</td>
</tr>
</tbody>
</table>
# State Resources for Texas

## General Information and Support

### All Disabilities/All Special Needs Inclusive Services & Information

<table>
<thead>
<tr>
<th>Organization</th>
<th>Description</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Adapt of Texas</strong></td>
<td>Organization advocating to free people with disabilities from nursing homes and other institutions.</td>
<td><a href="http://adaptoftexas.org">http://adaptoftexas.org</a> 512-442-0252</td>
</tr>
<tr>
<td><strong>Center on Disability and Development at Texas A&amp;M</strong></td>
<td>Disability services, research, resource center, Texas transition conference, Institute for person-centered practices and a great directory of community services in Texas</td>
<td><a href="http://cdd.tamu.edu/">http://cdd.tamu.edu/</a> 879-845-4612</td>
</tr>
<tr>
<td><strong>Coalition of Texans with Disabilities(CTD)</strong></td>
<td>A grass roots organization that brings together diverse disability individuals and groups, as well as related parties like service provider organizations and state agencies.</td>
<td><a href="http://www.txdisabilities.org/">http://www.txdisabilities.org/</a> 512-478-3366</td>
</tr>
<tr>
<td><strong>(The) Department of Aging and Disability Services (DADS)</strong></td>
<td>One of five Texas state agencies for social services. They serve older Texans, persons with disabilities including persons with intellectual disabilities. Services can be comprehensive such as waiver services including HCS, CLASS and Texas Home Living Waiver. See State Financial Assistance Section.</td>
<td><a href="http://www.dads.state.tx.us/index.cfm">http://www.dads.state.tx.us/index.cfm</a> 800-628-5115</td>
</tr>
<tr>
<td><strong>(The) Department of Assistive and Rehabilitative Services (DARS)</strong></td>
<td>One of five Texas state agencies for social services. DARS specifically offers disability services including rehabilitative services, Early Childhood Intervention (ECI), blind services and disability determination services. They have local offices across the state. See State Financial Assistance Section.</td>
<td><a href="http://www.dars.state.tx.us/">http://www.dars.state.tx.us/</a> 800-628-5115</td>
</tr>
<tr>
<td><strong>(The) Department of State Health Services</strong></td>
<td>Oversees Children with Special Health Care Needs, comprehensive outpatient services, mental health services for children and adults (the mental health side ---the Mental Health Authority---of MHMRA is now sub summied under this agency). See State Financial Assistance Section (page 26 for more).</td>
<td><a href="http://www.dshs.state.tx.us/default.shtm">http://www.dshs.state.tx.us/default.shtm</a> 888-963-7111</td>
</tr>
<tr>
<td><strong>Disability Rights Texas</strong></td>
<td>Advocates, protects and advances the legal and service rights of people with disabilities by providing direct advocacy services. However, they only take cases that fall within their chosen focus areas for a given year. The web site has great, downloadable publications on a variety of special education concerns. Services and some web information are available in Spanish.</td>
<td><a href="http://www.disabilityrightstx.org">www.disabilityrightstx.org</a> 800-252-9108</td>
</tr>
<tr>
<td><strong>Early Childhood Intervention</strong></td>
<td>State agency responsible for early childhood (ages 0 -3) disability intervention (overseen by DARS – see the above entry also)</td>
<td><a href="http://www.dars.state.tx.us/ecis/eligibility.shtml">http://www.dars.state.tx.us/ecis/eligibility.shtml</a> 800-628-5115</td>
</tr>
<tr>
<td><strong>Texas Governor’s Committee on People with Disabilities</strong></td>
<td>Division of the governor’s office that provides disability resources including statistics, history, services and more</td>
<td><a href="http://www.governor.state.tx.us/disabilities/">http://www.governor.state.tx.us/disabilities/</a> 512-463-5739</td>
</tr>
<tr>
<td><strong>Texas Disability Law</strong></td>
<td>Summary of Texas Legislation affecting individuals with disabilities.</td>
<td><a href="http://governor.state.tx.us/disabilities/resources/">http://governor.state.tx.us/disabilities/resources/</a> 512-463-5739</td>
</tr>
</tbody>
</table>

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Specific Types of Disability Services and Information

### Autism

**Texas Council on Autism and Pervasive Developmental Disabilities** (website only)
Texas council, established by Texas legislation, appointed by the governor that serves and advocates for the needs of individuals with Autism Spectrum and related disorders.


**Texas Statewide Leadership for Autism Training**
Online presentations, tool kits and resources for special education needs of students with autism. Texas Education Agency sponsored site in partnership with Region 13 Education Service Center

[http://www.txautism.net/](http://www.txautism.net/)

### Blind and Visually Impaired

**Texas Association for the Education and Rehabilitation of the Blind and Visually Impaired**
The association promotes and develops education and rehabilitation resources for those in Texas with visual impairments

[http://www.txaer.org/index.html](http://www.txaer.org/index.html)

**Texas School for the Blind and Visually Impaired**
Serves as a special public school in the continuum of statewide placements for students who have a visual impairment. Students, ages 6 through 21, who are blind, deaf-blind, or visually impaired, including those with additional disabilities, are eligible for consideration for services on the TSBVI campus. It is also a statewide resource to parents of these children and the professionals who serve them, from birth through transition from school.

[http://www.tsbvi.edu/](http://www.tsbvi.edu/)

**Texas Talking Books**
*Free* Audiotape, Braille, and large print formats for books and magazines available for loan through the Texas library system. Materials are delivered to the home at no charge. For Texans of all ages who are unable to read standard print material due to visual, physical, or reading disabilities—whether permanent or temporary.

[www.tsl.state.tx.us/tbp](http://www.tsl.state.tx.us/tbp)

### Brain Injury

**Brain Injury Association of Texas**
Information, referral and advocacy for persons affected by brain injury.


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### Deaf and Hearing Impairment

**Deaf Network of Texas**  
Association for those with hearing impairments. Meetings, support and blogs.  

**Office for Deaf and Hard of Hearing**  
The Department of Rehabilitative Services runs these programs and services for those with hearing impairments  
[http://www.dars.state.tx.us/dhhs/](http://www.dars.state.tx.us/dhhs/)  
800-628-5115

### Epilepsy

**Epilepsy Foundation of Central and South Texas**  
Working to improve the lives of the adults and children with epilepsy in Texas.  
888-548-9716

### Fetal Alcohol Spectrum Disorders

**Texas Fetal Alcohol Syndrome Consortium**  
Consortium of agencies in Texas whose goal is to increase FAS awareness. Offer meetings, conferences, and web resources.  
[http://topdd.texas.gov/content/fetal-alcohol-spectrum-disorder-fasd](http://topdd.texas.gov/content/fetal-alcohol-spectrum-disorder-fasd)

### Intellectual Disabilities

**The Arc of Texas**  
Texas headquarters for The Arc, providing state and national advocacy for individuals with intellectual and other related developmental disabilities. They also publish, in conjunction with Disability Rights Texas, IDEA, The Manual for Parents and Students about Special Education Services in Texas which can be downloaded “for free” from their website (also available in Spanish)  
[www.thearcoftexas.org](http://www.thearcoftexas.org)  
800-252-9729

### Learning Disabilities

**Learning Disabilities Association of Texas**  
Information and support for parents regarding special education and other disability related needs in Texas  

### Mental Illness

**Mental Health America of Texas**  
Abroad-based citizens’ movement organized to promote mental health, prevent mental illness through research and education, and improve care and treatment for persons with mental illnesses.  
[http://www.mhatexas.org](http://www.mhatexas.org)  
512-454-3706

**NAMI (National Alliance for Mental Illness) Texas Branch**  
Training and support groups for families experiencing mental illness as well as consumer support groups and psycho educational classes  
[http://namitexas.org](http://namitexas.org)  
800-633-3760

Texas Mental Health Consumer Resources
Directory of Texas mental health services from the Department of State Health Services (DHS)  
http://www.dshs.texas.gov/mhservices/MHConsumerFamilySupports.shtm

Texas Mental Health Services – dial 211
A program of Texas Health and Human Services that provides inpatient treatment and housing choices information and referral  
http://www.211texas.org/

Assistive/Adaptive Technology

Texas Department of Assistive & Rehabilitative Services (DARS) – Multiple Locations
Vocational services, including when needed, adaptive technology, available to graduating school students with disabilities who will need assistance in gaining employment. Applicant guide available in Spanish.  
http://www.dars.state.tx.us/  
800-628-5115

Texas Technology Access Project
Provides information, conducts training, and works with policy makers to support individuals with disabilities in their efforts to acquire and use technology as a routine part of day-to-day living. Services available in Spanish.  
http://tatp.edb.utexas.edu/  
800-828-7839

Child Care

Texas Child Care Licensing (TDFPS) – Austin (Statewide)
Online search information regarding valid licensing for child care, revoked child care licenses and more  
http://www.dfps.state.tx.us/Child_Care/Search_Texas_Child_Care/CCLNET/Source/CPA/ppSearchTXChildCare2.aspx

Texas Care Resources from Texas 211
Contains options for searching for child care for special needs children in Texas. Can do the search online  
https://www.211texas.org/cms/search-child-care-education-resources-in-texas

Education

Association on Higher Education and Disability
Nonprofit organization comprised of disability service providers in higher education  
http://www.ahead.org/affiliates/texas  
704-947-7779

Early Childhood Intervention (ECI)
Serves children age’s birth to three who have or are at risk of developmental delays.  
www.dars.state.tx.us/ecis/index.shtml  
800-628-5115

Texas Education Agency - Special Education
A great source of special education laws, regulations and other educational topics under Texas Education Agency control  
http://www.tea.state.tx.us/index2.aspx?id=2147491399  
512-463-9414

Educational Advocacy and Law

Disability Rights Texas (formerly Advocacy, Inc.)
Provides direct advocacy services for individuals with disabilities. However, they only take cases that fall within their chosen Focus areas for a given year. The web site has great, downloadable publications on a variety of special education concerns. Services and many web publications are available in Spanish.  
www.disabilityrightstx.org  
800-252-9108

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### The Legal Framework
A project maintained by the Region 18 Texas Education Service Center - provides a guide to Texas education law as well as national education law (Individuals with Disabilities Education Act). Part of Texas Improvement Process.


### Office of Civil Rights - Texas Branch (US Dept. of Education)
For assistance related to civil rights in school contexts. They suggest that families e-mail or fax concerns to:

E-mail: OCR.Dallas@ed.gov  FAX: 214.661.9587  800-368-1019

### Partners Resource Network
Empowering Texas parents of children and youth with disabilities in their roles as parents, decision makers, and advocates for their children.

www.partnerstx.org  800-866-4726

### Texas Project First
TEA sponsored/parent organization created - special education, informational website. TEA compliance project in conjunction with Region 9 Education Service Center. All info is TEA approved/sanctioned. Grants provided to Family to Family Network for website creation and upkeep.

www.texasprojectfirst.org  855-773-3839

### Texas Senate
You can link to your local/ state senators to weigh in on education a legislation

www.senate.state.tx.us

### Texas House of Representatives
You can link to your local/ state house representatives to weigh in on education a legislation

www.house.state.tx.us

### TEA Information Regarding Making Special Education Complaints
For making complaints that concern Special Education in Texas public schools. Remember, also put complaints in writing and mail or fax them. This makes the complaint official.

http://www.tea.state.tx.us/WorkArea/linkit.aspx?LinkIdentifier=id&ItemID=2147505931&libID=2147505925  800-252-9668

### Texas Talking Books
*Free* Audiotape, Braille, and large print formats for books and magazines available for loan through the Texas library system. Materials are delivered to the home at no charge. For Texans of all ages who are unable to read standard print material due to visual, physical, or reading disabilities-whether permanent or temporary.

www.tsl.state.tx.us/tbp  800-252-9605

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### Employment and Day Habilitation

#### Techworks for Texas
Facilitates the development of licensed PROJECT SEARCH sites for Texas. A "unique, business led, one year school-to-work program that takes place entirely at the workplace" Project SEARCH provides real-life work experience to help youth with significant disabilities make successful transitions from school to adult life


https://www.depts.ttu.edu/burkhartcenter/professionals/techworks.php for Texas information  806-834-7804

#### Texas Department of Assistive and Rehabilitative Services (formally TRC) – Multiple Locations
Provides vocational assessments, training, support, and assistive devices for individuals with disabilities who are seeking employment.

www.dars.state.tx.us  800-628-5115
**Financial Assistance**

**Children’s Health Insurance Program (CHIP)**
The Texas Health and Human Services Commission oversees this program. Low cost health insurance for children who do not qualify for Medicaid and are not covered by private insurance. Family must meet income eligibility guidelines. Website available in Spanish.  
877-543-7669

**Children with Special Health Care Needs (CSHCN)-formally CIDC**
Texas Department of State Health Services oversees this service. For children with a chronic physical or developmental condition that will last longer than 12 months. For those with intellectual disabilities and /autism/ADHD/ and mental health disabilities there must be a co-occurring, health need related to bodily tissues such as a seizure disorder, cerebral palsy or any condition that has physical manifestations. (This funding is also available to a person of any age who has Cystic Fibrosis.). The child may have Medicaid or CHIP already but the funds from the two services must have been exhausted before CSHSN use. Website available in Spanish.  
[www.dshs.state.tx.us/CSHCN/](http://www.dshs.state.tx.us/CSHCN/)  
800-252-8023

**Texas Department of Insurance**
If your child has a disability and you are having problems with obtaining insurance then this state agency may be able to help. 
[http://www.tdi.texas.gov](http://www.tdi.texas.gov)  
800-578-4677

**Waiver Programs**

<table>
<thead>
<tr>
<th>Program</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>To Compare Texas Waiver Programs in a Chart Format:</td>
<td><a href="http://www.dads.state.tx.us/providers/waiver_comparisons/LTSS-Waivers.pdf">http://www.dads.state.tx.us/providers/waiver_comparisons/LTSS-Waivers.pdf</a></td>
</tr>
<tr>
<td>Community Living Assistance and Support Services (CLASS)</td>
<td><a href="http://www.dads.state.tx.us/services/faqs-fact/class.html">http://www.dads.state.tx.us/services/faqs-fact/class.html</a></td>
</tr>
</tbody>
</table>
| Medically Dependent Children Program (MDCP) Medicaid Waiver Program | 877-438-5658  
800-458-9858  
[http://www.dads.state.tx.us/services/faqs-fact/mdcp.html](http://www.dads.state.tx.us/services/faqs-fact/mdcp.html) |
| Home and Community Based Services (HCS) Medicaid Waiver Program | 512-438-3011  
800-458-9858  
[http://www.dads.state.tx.us/services/faqs-fact/hcs.html](http://www.dads.state.tx.us/services/faqs-fact/hcs.html) |

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### Texas Home Living Waiver Program

Large range of comprehensive services such as therapy, residential assistance and case management up to the amount of $20,000 per year. Must live at home with family or in independent home (no group homes). Must have a determination of an intellectual disability in accordance with state law or have a diagnosis of a related condition with an IQ of 75 or below. Cannot be enrolled in another Medicaid waiver program. No age limit. Administered through the Department of Aging and Disability Services although financial eligibility is determined by the Texas Health and Human Services Commission. Contact your local mental retardation authority (MRA) to be placed on the interest list.

(To contact a local MRA to be placed on waiting list: http://www.dads.state.tx.us/services/contact.cfm)

http://www.dads.state.tx.us/services/faqs-fact/txhml.html

512-438-3011

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### Guardianship and Estate Planning

- **Texas Guardianship Association**
  - Resources for Texas guardianship concerns including online training
  - [www.texasguardianship.org/](http://www.texasguardianship.org/)
  - 888-399-9115

- **The Arc of Texas: Master Pooled Trust**
  - A trust fund that is managed by The Arc of Texas to provide financial security for individuals with disabilities.
  - 800-252-9279

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### General Social and Government Issues

- **Center for Public Policy Priorities (CPPP)**
  - Non-partisan research organization committed to improving public policies.
  - 512-320-0222

- **Citizen’s Opinion Hotline**
  - Callers or internet users can leave a message for the governor on matters of public interest
  - [http://governor.state.tx.us/contact](http://governor.state.tx.us/contact)
  - 800-252-9600

- **Texas Senate**
  - You can link to your local/state senators from this site.
  - [www.senate.state.tx.us](http://www.senate.state.tx.us)

- **Texas House of Representatives**
  - You can link to your local/state representatives from this site.
  - [www.house.state.tx.us](http://www.house.state.tx.us)

- **Texas Health and Human Services Helpline**
  - Referrals to agency services and providers in Texas
  - [http://www.hhsc.state.tx.us/about_hhsc/contact/contact.shtm](http://www.hhsc.state.tx.us/about_hhsc/contact/contact.shtm)

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### Legal Issues (also see Educational Advocacy, Guardianship)

- **Disability Rights Texas: East Region (formerly Advocacy, Inc.)**
  - Protects and advocates for the legal rights of persons with disabilities in Texas. Services available in Spanish.
  - [https://www.disabilityrightstx.org/](https://www.disabilityrightstx.org/)
  - 800-252-9108

- **Texas Appleseed**
  - Research and reports on disability concerns. Handbook for individuals with intellectual disabilities and their families to help navigate the criminal justice system. Legislative action.
  - [www.texasappleseed.org](http://www.texasappleseed.org)
  - 512-473-2800

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### Texas Civil Rights Project

A nonprofit group which educates the public about civil rights in Texas, and brings suits against state agencies to protect rights.

http://www.texascivilrightsproject.org  
512-474-5073

### Texas Layers Care

An online directory of free or low cost legal services available to lower income Texans. Also contains information about how to file complaints against public agencies.

www.texasbar.com  
800-204-2222

### Texas Juvenile Justice Department

Rehabilitation information concerning youths sentenced for committing serious criminal acts. Website contains a detailed overview of the Texas correctional system for youths. Information available in Spanish.

http://www.tjjd.texas.gov/default.aspx  
512-490-7130

### Medical Services, Equipment

#### Project Mend

Medical equipment, supplies, and other services for low-income individuals with disabilities.

http://www.projectmend.org/  
888-903-6363

### Social & Leisure

#### Special Olympics - Texas

Year-round sports training and athletic competition in a variety of Olympic-type sports for persons eight years of age and older with intellectual disabilities.

http://www.sotx.org  
800-876-5646

#### VSA Arts of Texas

Creates learning opportunities through the arts for persons with disabilities, and supports creative expressions by persons with disabilities.

www.vsatx.org  
512-454-9912

### Transition (see also Employment and Day Habilitation)

#### Disability Rights Texas

Employment resources including their own Client Assistance Program (various locations throughout Texas) to help individuals with disabilities access the agencies needed to help them attain gainful employment.

https://www.disabilityrightstx.org/resources/employment

#### Texas Education Agency Transition Information

They have a useful transition guide as well as transition training modules.

http://www.transitionintexas.org/transitionintexas


Practical transition from high school information for students with disabilities. Online links to Texas university disability services.


#### Texas Transition and Employment Guide

The guide provides youth, young adults, parents and professionals with secondary transition resources. Also in Spanish.

www.transitionintexas.org/Page/143

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### Texas Transition Conference
(website only)
Annual three-day conference that equips family members and professionals with information about students with disabilities in transition to improve outcomes for post-secondary education and better employment opportunities

[http://ttc.tamu.edu/](http://ttc.tamu.edu/)

### Treatment (Medical & Behavioral)

#### Health Professions Complaint Referral System
Automated line directs caller to the correct department to initiate complaints against health professionals, including doctors, dentists, nurses, pharmacists, and other medical workers.

[http://www.tmb.state.tx.us/](http://www.tmb.state.tx.us/)  
800-248-4062

#### Texas Network for Children (Youth for Tomorrow)
Internet database containing information on more than 500 residential treatment providers in Texas. Updated each week. Searchable by age, diagnosis, and reimbursement source.

[www.yft.org](http://www.yft.org)  
817-633-1900
# National Resources

## General Information & Support

(1st by all disability applicable services, 2nd by type of disability applicable service)

### All Disabilities/All Special Needs Information and Services

<table>
<thead>
<tr>
<th>Resource</th>
<th>Description</th>
<th>Website</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>About Face</td>
<td>Provides information and social support to individuals with facial differences, and their families.</td>
<td><a href="http://aboutface.ca">http://aboutface.ca</a></td>
<td>800-665-3223</td>
</tr>
<tr>
<td>American Association of People with Disabilities (AAPD)</td>
<td>A meeting ground for all persons with disabilities to become informed and become active in advocating for disability rights and services.</td>
<td><a href="http://www.aapd.com/">http://www.aapd.com/</a></td>
<td>800-840-8844</td>
</tr>
<tr>
<td>American Disability Association (ADA)</td>
<td>Promotes awareness of disability culture and works to enhance quality of life and access to freedom for persons with disabilities.</td>
<td><a href="http://www.adanet.org">www.adanet.org</a></td>
<td>205-328-9090</td>
</tr>
<tr>
<td>Centers for Disease Control and Prevention (CDC)</td>
<td>Federal agency responsible for promoting good health practices and providing credible information on all health topics. Web site contains an A to Z list of health topics. Most topics available in Spanish.</td>
<td><a href="http://www.cdc.gov/ncbddd/disabilityandhealth/dhds.html">http://www.cdc.gov/ncbddd/disabilityandhealth/dhds.html</a></td>
<td>800-232-4636</td>
</tr>
<tr>
<td>Consortium for Citizens with Disabilities (CCD)</td>
<td>Coalition of 100 national disability organizations working together to advocate for changes in public policy that promote independence, empowerment, &amp; inclusion for persons with disabilities.</td>
<td><a href="http://www.c-c-d.org">www.c-c-d.org</a></td>
<td>202-783-2229</td>
</tr>
<tr>
<td>Disability Information and Resource</td>
<td>Really useful information on disability issues, with a large focus on assistive technology and medical links. Interesting collection of advocacy links, too.</td>
<td><a href="http://www.makoa.org">www.makoa.org</a></td>
<td>(website only)</td>
</tr>
<tr>
<td>Easter Seals</td>
<td>Disability advocacy. Also provides referrals to local services for persons with disabilities.</td>
<td><a href="http://www.easterseals.com/">http://www.easterseals.com/</a></td>
<td>800-221-6827</td>
</tr>
<tr>
<td>Kid’s Quest on Disability and Health (CDC)</td>
<td>Site for children to help them understand disabilities and learn how to interact with children who have special needs.</td>
<td><a href="http://www.cdc.gov/ncbddd/kids/">www.cdc.gov/ncbddd/kids/</a></td>
<td>(website only)</td>
</tr>
<tr>
<td>National Council on Disability</td>
<td>Excellent advocacy information as well as government reports on a variety of disability-related studies that can be downloaded for free.</td>
<td><a href="http://www.ncd.gov">www.ncd.gov</a></td>
<td>202-272-2004</td>
</tr>
<tr>
<td>National Organization on Disability (NOD)</td>
<td>Raises disability awareness through educational programs, with an emphasis on inclusion and participation.</td>
<td><a href="http://www.nod.org">www.nod.org</a></td>
<td>646-505-1191</td>
</tr>
<tr>
<td>TASH</td>
<td>A community for families, individuals, service providers, and educators working to promote inclusion and opportunity for all persons with disabilities.</td>
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<tr>
<td><a href="http://www.tash.org">www.tash.org</a></td>
<td>202-540-9020</td>
<td></td>
<td></td>
</tr>
</tbody>
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<thead>
<tr>
<th>Through the Looking Glass</th>
<th>A dialogue between people with disabilities, parents of children with disabilities, siblings, spouses and adult children of parents with disabilities, emphasizing a life cycle approach which integrates perspectives gained from personal and family disability. Information available in Spanish.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.lookingglass.org">www.lookingglass.org</a></td>
<td>800-644-2666</td>
</tr>
</tbody>
</table>

### Specific Disabilities Information and Services

#### ADD/ADHD

<table>
<thead>
<tr>
<th>ADDinSchool.com</th>
<th>Information about a number of treatment resources and strategies for parents and teachers.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.addinschool.com">www.addinschool.com</a></td>
<td>(website only)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Children and Adults with ADD/ADHD (CHADD)</th>
<th>Information, referral and support. Web site available in Spanish.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.chadd.org">www.chadd.org</a></td>
<td>301-306-7070</td>
</tr>
</tbody>
</table>

#### Autism, Asperger Syndrome, & PDD

<table>
<thead>
<tr>
<th>Asperger Syndrome Organization (OASIS)</th>
<th>Website covering many aspects of Asperger Syndrome.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.aspergersyndrome.org/">http://www.aspergersyndrome.org/</a></td>
<td>(website only)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Autism Internet Modules</th>
<th>Free internet training modules that address many areas of concern for autism such as behavior, social skills, education interventions, employment and others. Developed by the Ohio Center for Autism and Low Incidence (OCALI)</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.autisminternetmodules.org/">http://www.autisminternetmodules.org/</a></td>
<td>(website only)</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>Autism National Committee (AUTCOM)</th>
<th>A national “think tank” advancing the research, understanding and practice of positive, relationship- and communication- based approaches to assisting children and adults with autism.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.autcom.org">www.autcom.org</a></td>
<td>(website only)</td>
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<tr>
<th>Autism Now</th>
<th>National resource and information organization, webinars, call center, newsmagazine and blog</th>
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<thead>
<tr>
<th>Autism Research Institute (ARI)</th>
<th>Conducts research into the causes of autism and on methods of preventing, diagnosing and treating autism and other severe behavioral disorders of childhood.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.autism.com/ari/">www.autism.com/ari/</a></td>
<td>(website only)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Autism Society of America (ASA)</th>
<th>Promotes lifelong access and opportunity for all individuals within the autism spectrum, and their families, to be fully participating, included members of their community.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.autism-society.org">www.autism-society.org</a></td>
<td>800-328-8476</td>
</tr>
</tbody>
</table>
### Autism Speaks
Resources, research, extensive autism apps and technology listing as well as safety resources and advocacy tool kits
http://www.autismspeaks.org
888-288-4762

### The Cambridge Center for Behavioral Studies
Nonprofit research organization. Covers research related issues for applied behavior analysis (ABA) techniques.
http://www.behavior.org/ (website only)

### Families of Adults Afflicted with Asperger Syndrome
Education and support for families of adults with Asperger Syndrome.
www.faaas.org 508-790-1930

### Families for the Early Treatment of Autism (FEAT)
National nonprofit with branches in many states, including Texas.
www.feat.org 916-303 7405

### Tony Attwood’s site
A website for parents, professionals and people with Asperger Syndrome. Mr. Attwood has developed a number of publications and products concerning Asperger Syndrome.
http://www.tonyattwood.com.au

### Blind and Visual Impairment

#### Assistive Media
Provides "free" access to audio files of a wide variety of printed material over the internet
www.assistivemedia.org (website only)

#### National Federation of the Blind
Resources, products and technology, academic journals, newsletters and other vision loss information. Membership perks offered.
https://nfb.org/ 410-659-9314

### Brain Injury

#### Brain Injury Association of America
Information, referral, and advocacy for persons with brain injury.
www.biausa.org 703-761-0750

### Cerebral Palsy

#### American Academy for Cerebral Palsy and Developmental Medicine
Multidisciplinary scientific society devoted to the study of cerebral palsy and other childhood on set disabilities. Contains information & referral about CP and other developmental disorders.
http://www.aacpdm.org/ 414-918-3014

#### UCP (formerly United Cerebral Palsy)
As one of the largest health charities in America, UCP's mission is to advance the independence, productivity and full citizenship of people with cerebral palsy and other disabilities.
www.ucp.org 800-872-5827

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### Down Syndrome

**The Down Syndrome Information Network**  
A non-line library concerning Down Syndrome and related topics.  
[www.down-syndrome.org](http://www.down-syndrome.org)  
(website only)

**Karen Gaffney Foundation**  
Karen Gaffney, a woman with Down Syndrome, graduated from high school with a full diploma, created her own web site and foundation, and does public speaking engagements advocating for the types of supports that helped her succeed.  
[www.karengaffneyfoundation.com](http://www.karengaffneyfoundation.com)  
503-781-8621

**Mosaic Down Syndrome on the Web**  
Information related to Mosaic Down Syndrome, compiled by a mother who could not find information on the subject when her daughter was born.  
[www.mosaicdownsyndrome.com](http://www.mosaicdownsyndrome.com)  
(website only)

**National Down Syndrome Congress**  
Advocacy for persons with Down Syndrome and their families.  
[www.ndsccenter.org](http://www.ndsccenter.org)  
800-232-6372

**National Down Syndrome Society**  
Information and referral, focused on education, research, and advocacy for persons with Down Syndrome and their families. Information available in Spanish.  
[www.ndss.org](http://www.ndss.org)  
800-221-4602

### Dyslexia

**National Center for Learning Disabilities**  
Wealth of information about dyslexia and other learning disabilities  
888-575-7373

### Epilepsy

**Epilepsy Foundation**  
Information, referral, support, and advocacy for persons with epilepsy.  
800-332-1000

### Fetal Alcohol Syndrome

**The Arc of the United States**  
Has numerous materials about fetal alcohol syndrome as well as other developmental disabilities. Type in FAS once you have reached their Website to download information or send for FAS/FAE kits and self-advocacy materials.  
800-433-5255

**FASD Center for Excellence**  
Many resources, webinars, screening and prevention information, courses, FASD database, previously sponsored by SAMHSA  
888-786-7327

**FAS Community Resource Center**  
Fetal Alcohol Syndrome: support, training, advocacy, and many printed resources. Videos, posters, brochures, presentations, and workshops for prevention and intervention. Website is loaded with information and resources for parents and professionals.  
[www.come-over.to/FASCRC](http://www.come-over.to/FASCRC)  
(website only)
### National Organization on Fetal Alcohol Syndrome
Develops and implements innovative community based and culturally appropriate prevention, intervention, education and advocacy strategies nationwide. Comprehensive information available.

[www.nofas.org](http://www.nofas.org)  800-666-6327

### Fragile X Syndrome

**FRAXA Research Foundation**
A group founded by three parents of children with Fragile X Syndrome that supports scientific research aimed at finding a treatment and a cure.

[www.fraxa.org](http://www.fraxa.org)  978-462-1866

**National Fragile X Foundation**
Information about Fragile X Syndrome and links to related sites. Available in Spanish.


### Intellectual Disabilities

**The Arc of the United States**
Good resource for learning about developmental disabilities. Great link to government officials where you can e-mail representatives with disability advocacy concerns (Action Center web page).

[www.thearc.org](http://www.thearc.org)  800-433-5255

**Cambridge Center for Behavioral Studies**
Nonprofit research organization. Covers research related issues for applied behavior analysis (ABA) techniques.

[http://www.behavior.org/](http://www.behavior.org/) (website only)

**Cog Link**
Helps individuals with cognitive disabilities set up and use e-mail accounts


**Healthcare for Adults with Intellectual and Developmental Disabilities Toolkit**
A toolkit for primary care providers who work with individuals with intellectual and related developmental disabilities including autism

[http://vkc.mc.vanderbilt.edu/etoolkit/](http://vkc.mc.vanderbilt.edu/etoolkit/) (website only)

**National Association for the Dually Diagnosed**
Promotes treatment services for individuals who have developmental disabilities and mental health needs.

[www.thenadd.org](http://www.thenadd.org)  800-331-5362

### Learning Disorders

**LD On Line**
Huge amount of accommodation, modification, and curriculum information related to disabilities.

[www.ldonline.org](http://www.ldonline.org) (website only)

**Learning Disabilities Association of America**
For families, and the professionals who work with them. Their purpose is to advance the education and general welfare of children and adults with learning disabilities.

[www.ldanatl.org](http://www.ldanatl.org)  412-341-1515

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### Lindamood-Bell Learning Processes
Special learning/tutoring program for children with learning disorders, including dyslexia.
http://www.lindamoodbell.com/ 800-233-1819

### Nat’l Assoc for the Education of African-American Children w/Learning Disabilities
Information, referral, and research into special education and learning disorders in minority populations.
http://www.aacld.org/ 614-237-6021

### Nonverbal Learning Disorders
(website only)
Committed to facilitating education, research and advocacy for children and adults who manifest disabilities associated with the syndrome of nonverbal learning disorders
http://www.nldontheweb.org/ (website only)

### Mental Illness

#### Anxiety and Depression Disorders Association of America
Dedicated to informing the public, healthcare professionals and legislators that anxiety disorders are real, serious and treatable. Provides information, referral, and support.
www.adaa.org 240-485-1001

#### The Balanced Mind Foundation
Information about early onset bi-polar disorder.
www.bpkids.org 312-642-0049

#### Depression and Bipolar Support Alliance (DBSA)
Working to improve the lives of persons with mood disorders.
http://www.dbsalliance.org/site/PageServer?pagename=home 800-826-3632

#### Federation of Families for Children’s Mental Health
A network of local organizations advocating for children’s mental health issues.
www.ffcmh.org 240-403-1901

#### HealthyPlace.com
Information on various mental health disorders and disabilities.
www.healthyplace.com (website only)

#### National Alliance for the Mentally Ill (NAMI)
Information, referral, and advocacy for persons with mental illness and their families.
www.nami.org 800-950-6264

#### Mental Health America
Advocacy, education, and research into issues pertaining to mental health and mental illness.
www.nmha.org 800-969-6642

### Muscular Dystrophy

#### Muscular Dystrophy Association
A research, education, and community services organization serving persons with neuromuscular disease. Information available in Spanish.
www.mdausa.org 800-572-1717

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### Prader-Willi Syndrome

**Prader-Willi Syndrome Association (PWSA)**  
Information, referral and support for persons and families affected by Prader-Willi Syndrome.  
[www.pwsausa.org](http://www.pwsausa.org)  
800-926-4797

### Rett Syndrome

**International Rett Syndrome Association**  
Information, referral, support and advocacy for persons with Rett Syndrome.  
[www.rettsyndrome.org](http://www.rettsyndrome.org)  
800-818-7388

**Rett Syndrome Research Trust**  
Created by six parents of children with Rett Syndrome to find treatments and a cure.  
[www.rsrt.org](http://www.rsrt.org)  
203-445-0041

### Tourette Syndrome

**Tourette Syndrome Association (TSA)**  
Working to identify the cause of, find the cure for, and control the effects of Tourette Syndrome.  
[www.tsa-usa.org](http://www.tsa-usa.org)  
718-224-2999

**Tourette Syndrome Plus**  
Information and stories compiled by a psychologist treating persons with Tourette Syndrome, who is also the mother of two children with Tourette Syndrome.  
[www.tourettesyndrome.net](http://www.tourettesyndrome.net)  
(website only)

### Williams Syndrome

**The Williams Syndrome Association**  
Devoted to improving the lives of individuals with Williams syndrome by supporting research into all facets of the syndrome, and developing up to date educational materials.  
[https://williams-syndrome.org/](https://williams-syndrome.org/)  
800-806-1871

### Assistive Technology

**ABLEDATA**  
A federally funded project which provides information about assistive technology and rehabilitation equipment. Contains information on over 30,000 products.  
[www.abledata.com](http://www.abledata.com)  
800-227-0216

**Center on Technology and Disability**  
Comprehensive resource for assistive technology in pre-k, k-12 and post-secondary education environments  
[http://www.ctdinstitute.org/library](http://www.ctdinstitute.org/library)  
202-884-8588

**disAbility Information and Resource**  
Really useful information on disability issues, with a large focus on assistive technology and medical links. Interesting collection of advocacy links, too.  
[www.makoa.org](http://www.makoa.org)  
(website only)
| **CogLink** | Helps individuals with cognitive disabilities setup and use e-mail accounts  
http://www.coglink.com/ | 800-716-9695 |
|---|---|---|
| **JAN: Accommodations Network** | Resources on ADA and Accommodations by Disability  
https://askjan.org | 800-526-7234 |

### Caregiver Support

| **ARCH National Respite Network and Resource Center** | Excellent clearing house for information about respite and other caregiver issues. National database for information about individual programs.  
www.archrespite.org | 206-632-5208 |
| **Caregiver.com** | On-line magazine providing information, support, and guidance for family caregivers.  
www.caregiver.com | 800-829-2734 |
| **Caregiver Action Network** | Organization supporting and advocating for family caregivers.  
http://www.caregiveraction.org/ | 202-772-5050 |
| **Rosalynn Carter Institute for Care giving (RCI)** | Supports research, education, and training to promote mental health and well-being of individual, family, and professional caregivers. Good caregiver resource page for linking to supports.  
http://rci.gsw.edu/ | 229-928-1234 |

### Child Care

| **Childcare Aware of America** | Information and referral for choosing childcare.  
http://www.naccrra.org/ | 703-341-4100 |

### Education

#### Support for Educators and Parents

| **All Kinds of Minds** | Non-profit organization founded by Dr. Mel Levine for the purpose of educating parents, teachers and other professionals about learning differences, and how to approach differences in learning.  
www.allkindsofminds.org | (website only) |
| **Center for Parent Information and Resources** | Great information on special education under their resource page. Stored past NICCHY information also housed at the site.  
http://www.parentcenterhub.org | (website only) |
| **Do 2 Learn** | Teacher and parent material for use with children who have cognitive disabilities. Offers some free downloads.  
www.do2learn.com | 919-755-1809 |
<table>
<thead>
<tr>
<th><strong>HEATH Resource Center</strong></th>
<th>A national clearing house for post-secondary education for persons with disabilities.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong><a href="http://www.heath.gwu.edu">www.heath.gwu.edu</a></strong></td>
<td>(website only)</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>National Center on Secondary Education and Transition</strong></th>
<th>Great site for transition and disability related information.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong><a href="http://www.ncset.org">www.ncset.org</a></strong></td>
<td>612-624-2097</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>National Center on Educational Outcomes (NCEO)</strong></th>
<th>Great resource for accessing special education data (national and some state)</th>
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</thead>
<tbody>
<tr>
<td><strong><a href="http://www.nceo.info">www.nceo.info</a></strong></td>
<td>612-626-1530</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>National Information Center on Children and Youth with Disabilities</strong> <em>DEAD SITE NOW</em></th>
<th>Stored info has been moved to the Center for Parent Information and Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong><a href="http://www.parentcenterhub.org">http://www.parentcenterhub.org</a></strong></td>
<td></td>
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</tbody>
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<table>
<thead>
<tr>
<th><strong>National Center on Special Education Research</strong></th>
<th>Good source of information on research related to effective special education.</th>
</tr>
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<tbody>
<tr>
<td><strong><a href="http://ies.ed.gov/ncser/">http://ies.ed.gov/ncser/</a></strong></td>
<td>(website only)</td>
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<tr>
<th><strong>Office of Special Education; US Department of Education</strong></th>
<th>They have links to educational resources, law information as well as updates on national level special education topics.</th>
</tr>
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<tbody>
<tr>
<td><strong><a href="http://www2.ed.gov/about/offices/list/osers/index.html">http://www2.ed.gov/about/offices/list/osers/index.html</a></strong></td>
<td>202-245-7459</td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>PACER Center</strong></th>
<th>An advocacy organization based in Minnesota working to improve the quality of life for children with disabilities through parent-to-parent networking and community collaboration.</th>
</tr>
</thead>
<tbody>
<tr>
<td>**<a href="http://www.pacer.org**">www.pacer.org**</a></td>
<td>888-248-0822</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th><strong>Pro Ed online</strong></th>
<th>Publishes quality assessment, curriculum and research tools for students with disabilities, as well as interesting professional journals and books. Based in Austin.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong><a href="http://www.proedinc.com/customer/default.aspx">http://www.proedinc.com/customer/default.aspx</a></strong></td>
<td>800-897-3202</td>
</tr>
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<tr>
<th><strong>Speaking of Speech</strong></th>
<th>A place to share ideas about special education for speech and language disabilities.</th>
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<tbody>
<tr>
<td><strong><a href="http://www.speakingofspeech.com">www.speakingofspeech.com</a></strong></td>
<td>(website only)</td>
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<thead>
<tr>
<th><strong>Special Education News</strong></th>
<th>Provides very up-to-date information on special education issues.</th>
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<tbody>
<tr>
<td><strong><a href="http://www.specialeducationnews.com">www.specialeducationnews.com</a></strong></td>
<td>(website only)</td>
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</table>

## Educational Advocacy & Law

<table>
<thead>
<tr>
<th><strong>CADRE (Consortium for Appropriate Dispute Resolution in Special Education)</strong></th>
<th>Provides technical assistance to education agencies in compliance with the mediation requirement in IDEA. Provides information to parents &amp; other professionals about special education mediation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong><a href="http://www.directionservice.org/cadre">www.directionservice.org/cadre</a></strong></td>
<td>(website only)</td>
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<tr>
<th><strong>The Council of Parent Attorney and Advocates (COPAA)</strong></th>
<th>Great site for special education law concerns.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong><a href="http://www.copaa.org">http://www.copaa.org</a></strong></td>
<td>844-426-7224</td>
</tr>
</tbody>
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<tr>
<th><strong>Find Law</strong></th>
<th>Great source for obtaining actual laws related to special education and other concerns.</th>
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<tbody>
<tr>
<td><strong><a href="http://www.findlaw.com">www.findlaw.com</a></strong></td>
<td>(website only)</td>
</tr>
</tbody>
</table>
**The Individuals with Disabilities Education Improvement Act of 2004**
The 2004 version of the federal special education statute (Public Law 108-446)
http://www.copyright.gov/legislation/p108-446.pdf  (website only)

**LRP Publications**
Legal publications addressing detailed aspects of IDEA, focused on the minimum legal requirements of special education intended for school professionals.
www.lrp.com  800-341-7874

**Mayerson and Associates**
A special education advocacy site. Nice synopsis of landmark court cases.
www.mayerslaw.com  212-265-7200

**No Child Left Behind**
Official government site for the No Child Left Behind Act. Some information in Spanish.
Spanish - http://www2.ed.gov/espanol/bienvenidos/es/nclb.html  (website only)

**Office for Civil Rights (Department of Education)**
The national website for the Office of Civil Rights in the Department of Education. Provides contact information for complaints about schools by state.
http://www2.ed.gov/about/offices/list/ocr/index.html?src=mr  800-421-3481

**OSERS (Office of Special Education and Rehabilitative Services)**
Some interesting research as well as occasional updates on national level special education issues. Some information available in Spanish.
http://www.ed.gov/about/offices/list/osers/osep/index.html?src=mr  202-245-7468

**Special Education News**
Frequent updates on education and advocacy news.
www.specialednews.com  (website only)

**Wrights law**
Great site for special education law and advocacy information. A wealth of free advocacy information. www.wrightslaw.com and for their blog
http://www.wrightslaw.com/blog/ (website only)

### Employment

**The Association for Persons in Supported Employment (APSE)**
Working to improve and expand integrated employment opportunities, services, and outcomes for persons experiencing disabilities.
www.apse.org  301-279-0060

**The Center for Education and Employment Law (formerly Oakstone Legal)**
Produces technical publications regarding IDEA and ADA law interpretations. Good source for finding detailed legal documents.
http://www.ceelonline.com/ceel/default.asp  800-365-4900

**Goodwill Industries International**
Working to eliminate barriers to opportunity for people with special needs, particularly in the area of employment
www.goodwill.org  (website only)

**National Collaborative on Workforce and Disability**
Technical assistance on employment of people with disabilities
www.ncwd-youth.info  877-871-0744

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### Office of Disability Employment Policy
Resources on disability and employment legislation
http://www.dol.gov/odep/  866-633-7365

### Ticket to Work
New legislation gives individuals receiving disability benefits greater freedom to work and earn income without losing benefits. The program also includes employment training.
https://yourtickettowork.com/web/ttw  866-968-7842

### Financial Needs

#### Supplemental Social Security Income
Families of children with disabilities may be able to receive a supplemental income to help offset the cost of raising a child with a disability. Eligibility is based on family income, the number of people in the family, and the severity of the disability. Some information available in Spanish.
http://www.socialsecurity.gov/ssi/index.htm  800-772-1213

### Housing Accessibility & Home Modification

#### Concrete Change
Supporting universal design efforts to make all homes accessible to persons with disabilities.
www.concretechange.org  (website only)

#### Fair Housing and Equal Opportunity (HUD)
Information about the rights of persons with disabilities in regards to housing, and how to file complaints.

#### Infinitec
Information about home modification for houses and apartments. A program of UCP in Illinois
http://www.infinitec.org/  (website only)

#### National Resource Center on Supportive Housing and Home Modification
Working to make supportive housing and home modification a more integral component to fall communities
http://gero.usc.edu/nrcshhm/index.htm  213-740-1364

### Legal Issues (also see Educational Advocacy & Law)

#### The Bazelon Center for Mental Health Law
National advocates for the civil rights of adults and children with mental disabilities
www.bazelon.org  202-467-5730

#### FindLaw
Great source for obtaining actual laws related to disability and other concerns.
http://www.findlaw.com/  (website only)

#### National Guardianship Association
Information, referral and advocacy for excellence in guardianship
www.guardianship.org  877-326-5992

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Respite

ARCH National Respite Network and Resource Center
Excellent clearing house for information about respite and other caregiver issues. National and state, respite locator databases.
www.archrespite.org 206-632-5208

Self-Advocacy

Self-Advocates Becoming Empowered
Large national self-advocate organization for those with developmental disabilities. Webinars, blogs, videos and training materials
http://www.sabeusa.org/

Self-Advocacy Online
Good site for helping those with intellectual disabilities learn to advocate for themselves
http://www.selfadvocacyonline.org/ (website only)

The Arc: National Council of Self-Advocates
Free ability to join this council. For individuals who have intellectual and related disabilities and who would like to learn more about self-advocacy for independence
http://www.thearc.org/self-advocates 800-433-5255

Social & Leisure

Ability Online Supports
A free internet community where children and youth with disabilities or illness and their parents can meet others like them, make friends from all over the world, share their hopes and fears, find role-models and mentors, and feel like they belong
www.abilityonline.org 866-650-6207

Challenge Aspen
Year-round recreational and cultural programs for people with cognitive and physical disabilities, and their families
www.challengeaspen.com 970-923-0578

Fishing Has No Boundaries
Sponsors accessible fishing events for persons with a broad range of disabilities
www.fhnbinc.org 800-243-3462

Infinitec
Extensive information about recreational accommodations for persons with disabilities. Contains sections on gardening, travel, shopping, sports, outdoor activities, transportation, & entertainment.
http://www.infinitec.org/play (website only)

National Center on Physical Activity and Disability
Information about the exercise needs for individuals with disabilities, and exercise opportunities.
http://www.nchpad.org/ 800-900-8086

Transition

Center for Parent Information: Transition Page
Introduction to various transition related concerns including law, post-secondary education, employment and needed services while in high school (information from the former NICHCY transition website)
http://www.parentcenterhub.org/repository/transitionadult/ (website only)
### National Center on Secondary Education and Transition (website only)
Coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youth with disabilities in order to create opportunities for youth to achieve successful futures.

[http://www.ncset.org/default.asp](http://www.ncset.org/default.asp) (website only)

### National Secondary Transition Technical Assistance Center
Lesson plans, evidence based practices, products covering multiple aspects of transition planning for students with special needs.

[http://www.nsttac.org/](http://www.nsttac.org/) (website only)

### Project Search
A unique program that provides real-life work experience to help youth with significant disabilities make successful transitions from school to adult life.

[http://www.projectsearch.us](http://www.projectsearch.us) (website only)

### Travel (Accessible)

<table>
<thead>
<tr>
<th>Accessible Travel and Hospitality Society</th>
<th>Information regarding accessible travel needs as well as links to travel services</th>
<th><a href="http://sath.org/index.php">http://sath.org/index.php</a></th>
<th>212-447-7284</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amtrak: Accessibility Services</td>
<td>Information about accessibility services from Amtrak and requesting special accommodations</td>
<td><a href="http://www.amtrak.com/servlet/ContentServer?c=Page&amp;pagename=am%2FLayout&amp;cid=1241210579564">http://www.amtrak.com/servlet/ContentServer?c=Page&amp;pagename=am%2FLayout&amp;cid=1241210579564</a> (see website)</td>
<td></td>
</tr>
<tr>
<td>Autism on the Seas</td>
<td>Cruises for adults and families living with autism, down syndrome and related disabilities</td>
<td><a href="http://www.autismontheseas.com">www.autismontheseas.com</a></td>
<td>800-516-5247</td>
</tr>
</tbody>
</table>

### Treatment Services (Behavioral and Medical)

<table>
<thead>
<tr>
<th>American Hippo Therapy Association</th>
<th>Information about how horses are used to improve the results of physical, occupational, and speech therapy</th>
<th><a href="http://www.americanhippotherapyassociation.org">www.americanhippotherapyassociation.org</a></th>
<th>720-369-9303</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Music Therapy Association</td>
<td>Information and referral about music therapy</td>
<td><a href="http://www.musictherapy.org">www.musictherapy.org</a></td>
<td>301-589-3300</td>
</tr>
<tr>
<td>The Cambridge Center for Behavioral Studies</td>
<td>A nonprofit research organization. Information about issues related to applied behavior analysis (ABA) techniques</td>
<td><a href="http://www.behavior.org">www.behavior.org</a></td>
<td>978-369-2227</td>
</tr>
<tr>
<td>Canine Companions for Independence</td>
<td>Provides service dogs for persons with limited mobility, hearing impairment, cognitive deficit, or emotional challenges</td>
<td><a href="http://www.caninecompanions.org">www.caninecompanions.org</a></td>
<td>800-572-2275</td>
</tr>
</tbody>
</table>

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Other Need Support - General, not specifically disability related

**All Assistance: Generic General**

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<tr>
<th>Service</th>
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<th>Website/Contact Information</th>
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<tr>
<td><strong>National Hispanic Prenatal Health Line</strong></td>
<td>Bilingual helpline staff answers questions about prenatal care and provide referrals to culturally competent health providers by zip code. Also provides bilingual fact sheets on numerous topics.</td>
<td><a href="http://www.hispanichealth.org">www.hispanichealth.org</a> 866-783-2645</td>
</tr>
<tr>
<td><strong>NeedyMeds.com</strong></td>
<td>Information clearing house for patient assistance programs and other programs that provide medications to low income patients who cannot afford to pay for them.</td>
<td><a href="http://www.needymeds.org">www.needymeds.org</a> 800-503-6897</td>
</tr>
<tr>
<td><strong>National Alliance for Hispanic Health</strong></td>
<td>Bilingual helpline (Su Familia) staff answers questions about health topics and provide referrals to local health providers by zip code. Also provides bilingual fact sheets on various conditions</td>
<td><a href="http://www.hispanichealth.org">www.hispanichealth.org</a> 866-783-2645</td>
</tr>
</tbody>
</table>

*Crisis & Disaster Preparedness*

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</thead>
<tbody>
<tr>
<td><strong>American Red Cross</strong></td>
<td>Information about disaster preparedness for persons with disabilities</td>
<td><a href="http://www.redcross.org">http://www.redcross.org</a> 800-733-2767</td>
</tr>
</tbody>
</table>